

A Family Wellness Center

Healing for your family • Wellness for life



Donna L Beck ND

Living with the challenge of borders!

Curriculum Vitae

PERSONAL DATA:

Citizenship: US citizenship

Place of Birth: Chattanooga, TN

State of Residency: Tennessee 20yrs, Oregon 34yrs

Marital Status: Married; husband David J. Beck, investment advisor and assistant vice president at Sterling Bank.

Children: 3 children, 2 grandchildren

Language: English

OBJECTIVE:

To practice excellence in the field of naturopathic medicine, to teach others the empowering Philosophies and principles of natural health care, to exemplify graceful, healthful living.

EDUCATION AND TRAINING:

1993-1994 2nd year clinical residency at Portland Naturopathic Clinic (PNC), Portland, OR:
Teaching clinic for National College of Naturopathic Medicine (NCNM)

1992-1993 1st year clinical residency at Portland Naturopathic Clinic, Portland, OR (NCNM)

1988-1992 Doctorate from National College of Naturopathic Medicine, Portland, OR

1987-1988 Advanced Science, Psychology, Pre-med Portland State University, Portland, OR

1984-1987 Science, Pre Med exercise fitness Chemeketa Community College, Salem, OR

PROFESSIONAL EMPLOYMENT EXPERIENCE:

2007-present Private Practice physician dba:
A Family Wellness Center at 330 NE 102nd Ave. Portland, OR 97220.
Focus on general family practice, wellness care, physical medicine, woman's health, and preventative care

2007-2011 Adjunct faculty & Clinical Supervisor: Working as teacher and doctor for the Natural Health Center at Corbett Ave: The National College of Natural Medicine's (NCNM) teaching clinic: General medicine/physical medicine shift on Wednesdays 4-8 pm.

2004-2007 Private Practice physician dba:
A Family Wellness Center at 13114 NE Halsey St. Portland, OR 97230

Focus on general family practice, wellness care, physical medicine, woman's health, and preventative care

2002-2004 Private Practice physician dba:
A Family Wellness Center at 2850 E Powell Valley Rd. Gresham, OR 97080
Focus on general family practice, wellness care, physical medicine, woman's health, and preventative care

1994-2002 Private Practice physician dba:
A Family Wellness Center at 4055 SW Garden Home Rd. Portland, OR 97219
Focus on general family practice, wellness care, physical medicine, woman's health, and preventative care

1994-2004 Staff Physician at Natural Health Center, the teaching clinic of National College of Naturopathic Medicine, Portland, OR (NCNM) General medicine, physical medicine and business practices, shifts offered

PROFESSIONAL AFFILIATIONS & LICENSES:

1993-present Oregon Licensed Naturopathic Physician (# 0787)

1993-present DEA registration; mid-level Practitioner, schedules 2,3,3N,4,5

Current City of Portland Business License

Current Member of Oregon Association of Naturopathic Physicians (OANP)

2005-2006 Affiliate with Physicians for Social Responsibility (PSR) Portland, OR

Current Member of American Association of Naturopathic Physicians (AANP)

HONORS & AWARDS:

1994-2011 Yearly certificate or recognition for participation in NCNM's Preceptorship Program

1994-2011 Many gifts, cards and letters from thankful and satisfied patients in my care

1993-2011 Many letters of appreciation from students at NCNM for teaching excellence and Mentorship

2002 Letters of Appreciation for teaching contribution to NCNM over the years signed by the Dean of Medicine / Chief Medical Officer

1996 Honorarium for writing items for NPLEX exam

1994-1995 Certificate of Recognition for contributions to interdisciplinary cooperation and Patient care

1993-1992 Post Graduate Fellows Honor received at Class of 1992 NCNM graduation

1991 Academic Honors in Jurisprudence / Medical Ethics, Academic Honors in Clinical / Physical Diagnosis

1990 Academic Honors in Gross Anatomy Lab, NCNM

1989 Certificate of Recognition for earning 4.00 GPA at Portland State University

1985 Certificate of Recognition for earning 4.00 GPA at Chemeketa Comm. College

TEACHING:

1994-2011 NCNM Student observers rotate through my private practice (preceptorship)

1994-2011 NCNM Student tutorial, seminars "Dr. Beck's Right Brained Approach to Spinal Manipulative Therapy" 1-6 per year

- 1994-2008 Supervising physician for clinic shift rotations at Natural Health Centers General medicine, physical medicine, general medicine focus 8-12 students per shift
- 1994 Classroom instructor for Physical Therapy and Laboratory at NCNM
- 1993-1994 Chief Resident at Portland Naturopathic Clinic
- 1992-1993 Teachers Assistant (TA) Clinical and Physical Diagnosis at NCNM
- 1992 Classroom Instructor, introduction to clinic, PNC
- 1991 TA Naturopathic Manipulative Therapeutics, NCNM
- 1990 TA Hydrotherapy, NCNM

PROFESSIONAL SPEAKING ENGAGEMENTS (LAST 10 YEARS)

- 2009-2011 Presented skills workshop relating to spinal manipulation to first and second year NCNM residents.
- 2005-2010 March and November Presentation to Concordia University student teacher's, "What's Harming Our Children" and "Naturopathy: Medicine for Wellness."
- 2004-2009 Interactive presentation "Home Health Tea Parties," woman's health concerns and toxins in the home held at various patients' homes
- 2008 Presentation to University of Oregon sponsored by the Osher Longevity Learning Institute (OLLI) group, "Integrative Medicine: Then and Now"
- 2004 Booth at East Hills Church Youth Fair Gresham, OR "Tattoo Safety issues & Hep C"
- 2003 Presentation to Parkrose High School Students, Portland, OR "Naturopathic Medicine as a Career Choice"
- 2002 Presentation at Gresham Medical Plaza, Gresham, OR "Cardiovascular Health and Natural Medicine Approaches"
- 1999 Presentation at Wise Woman Herbal Conference, Portland, OR "Hands on With Herbs: combining physical medicine with the use of herbs"

PUBLICATIONS

- 1992-1993 Contributor to Standards of Care in Naturopathic Medicine, American Naturopathic Medicine Independent Physicians Association

CONTINUING EDUCATION ATTENDED (SINCE 2005)

- 2010 OANP 14th annual pharmacy and ethics seminar. (1day)
- AANP 25th annual convention: Celebrating the foundation of medicine. (4 days)
- Northwest Naturopathic Convention 2010: Mother's Medicine. (4 days)
- Medscape: online topic in dermatology.
- 2009 Vaccinations, Infectious Diseases, and Respiratory Infections. Presented by Michael Gaeta, DAC, CDN, MS (2 days.)
- 53 Annual NW Naturopathic Physicians Convention 2009, Seattle WA. (3 days.)
- Wrote pharmacology questions for Oregon Board of Naturopathic Medicine's Feb 2009 formulary questions (3 hours granted.)
- The Vitamin D Dilema: Mega Dosing or Cofactor Synergy presented by Julie Shive, BS. D.E.M July 31, 2009

Case Report: Thrombocytosis, Its Occurrence and Association with Abnormal Bleeding.

Medscape CME: Risk for Breast Cancer Occurrence Decreased by Lifestyle changes. Treatment of Acne Rosacea reviewed. American Pediatrics Updates Flu Recommendations.

- 2008 Pharmacy Update 2008 Sponsored by Naturopathic Medical Education Institute and OSHU BIC 124
Presented by Institute for Brain Potential Alliant International University of Sacramento California, "Why we worry: Understanding and treating anxiety disorders" given by John Preston, Psy.D. ABPP
Presented by Isali Ben-Jacob DOM, "The Correlation between TCM and Physiological Regulating Medicine"
- 2007 12-week Term at NCM with Virginia Osborne, IV Therapy: Basic course
CPR Training with the American Heart Association (PCC)
Northwest Naturopathic Convention, Portland, OR
Pain Management: One goal - Multiple approaches, Salem, OR
One hour web-based training module on Advancing Pain Management in Oregon
- 2006 12-week course certification in IV therapy at NCM - Taught by Virginia Osborne, ND, RN
AANP, August 9-12: Earned 5 CEU credits
Session
10 Important Cases
Bio-Identical Hormone Therapy
Physical Examination: What Matters Most in 2006 for the Naturopathic Physician Research Track
Conference: Medicines from the Earth, 14th annual symposium on Botanical Medicine - June 3-5, 2006
Naturopathic Medical Ethics in the 21st century - May 6, 2006
- 2005 Seminar: Thorne Research; Forum on Therapeutic Nutrition Quality of Raw Materials in Natural Formulations
Seminar: Oregon Health & Science University and Oregon Department of Human Resources; Negotiating against resistance: Techniques to use with patients for promoting the judicious use of antibiotics.
Convention: 20th Annual AANP Convention and Exposition. Cancer track, Therapeutic injections, spondylolisthesis of the lumbar spine, Acidic stress
Volunteer Commitments
- 2008-2011 Governor appointed to serve 3-year term on the Oregon Board of Naturopathic Examiners (OBNE)
- 2010 Service membership on the committee to organize 2010 Northwest Naturopathic Convention (NWNPC): Helped choose convention theme, helped choose speakers, worked to reorganize NWNPC website, filmed speakers, and planned and carried out banquet.
- 2009-2011 Board of Directors member: National College of Natural Medicine. Appointed Chair of The Academic Affairs Committee.

www.AFamilyWellnessCenter.com

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